

Airman & Family Readiness Center

NOVEMBER 2014

Call us at 747-3241, or stop by 575 Holzapple Street. Open Mon-Fri, 0730-1630.
Like us on: [facebook.com/grandforks.afrc](https://www.facebook.com/grandforks.afrc). Or, follow us on [Twitter.com/annandfamily](https://twitter.com/annandfamily)

Transition GPS

Goals, Planning, & Success

*for all Separating/Retiring
Military Members*

Transition

Assistance Workshops

Nov 17-21, Dec 8-12,

Jan 12-16 or Feb 9-13

*Do not schedule other appointments
during this week. Attendance is tracked!*

Pre-Separation Counseling

DD Form 2648 required for
ALL separating or retiring
military members, **prior** to
Transition GPS workshop &
NLT 90 days before separation.

Wednesdays 9-12

No registration needed.

CAPSTONE Events

*Held weekly,
Tuesdays, @ 1:00.*

**Boots to Business and the
Vocational Technical track
coming in December.**

For more info call
747-6456 6437 or e-mail
peggy.walker@us.af.mil or
michael.johnson.232@us.af.mil

Briefings, Classes & Services

Family Readiness & Personal Preparedness Briefings

Tuesdays @ 2p Fridays @ 10:30.

Reintegration Briefing

Daily @ 9a

Newcomer's Orientation

Nov 6th, Dec 4th, Jan 7th

0730-1430 at the A&FRC

Spouses Welcome!

Career/Job Fair

Everyone Welcome

14 November, 10-2,

@ the CAC.

Bring your resume!

Military & Family

Life Counselors

are available Mon-Fri,

by calling

Adult: 701-425-7130

Child/Youth : 701 934-1263

CVIC Tour

Will be held in December. E-mail
sharon.swanson@us.af.mil to sign up
or to learn how you can support this
valuable community program.

Community Resources & Events

For School Liaison Concerns

call the School Liaison Office

at 747-4484 or go to:

[http://www.grandforks.af.mil/
library/schoolliaison.asp](http://www.grandforks.af.mil/library/schoolliaison.asp)

Yes, liaison is spelled wrong
but the site is correct!

Call Sharon at 747-3241 for

Exceptional

Family Member

concerns or questions.

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Mark your calendar now...

Deployed Family

Member's

Holiday Meal

@ the DFAC

5:00-6:30 , Dec 18th

Don't tell the kids but

Santa will be there!

Feeling Stressed?

We are too!

Peggy Walker is retiring

in late December.

Stop by to wish her well.

A&FRC will be closed

Nov 11th, 27th and 28th.